



# Contents

Arco Professional Safety Services	3
Consultancy	3
Training	3
Services	3
Equipment	3
Bracknell Safety Centre	4
Our Experts	4
Sector Experience	4
Training for your whole business	4
Working at Height	6
Training Facilities	6
Qualifications	10
Our Working at Height Experts	10
Equipment	12
Industry Specialisms	12
Training Courses	12
Bespoke Training	13
Confined Space	14
Training Facilities	14
Our Confined Space Experts	16
Qualifications	16
Equipment	18
Industry Specialisms	18
Training Courses	18
Bespoke Training	18
Respiratory Protection	20
Our Respiratory Experts	20
Face Fit Testing	22
Training Courses	22
Face Fit Testing Training	22
<b>Equipment Hire and Service Centre</b>	24
Safety Store	26

# Arco Professional Safety Services

Arco Professional Safety Services provide consultancy, training, services and equipment to manage the most complex and high-risk, high hazard scenarios. Specialising in, working at height, confined spaces and respiratory management, expert knowledge and experience mean the team can deliver solutions for situations with the highest risk of serious injury or irreversible damage to health.



### Consultancy

Consultancy



Consultants work in a strategic manner bringing a wealth of real-world health and safety expertise plus an understanding of specific hazards that enables them to develop solutions that really add value. They can help with risk management, risk mitigation and risk transfer solutions, helping clients to control, manage or even transfer the full spectrum of high risk, high harm challenges.

### **Training**



Training

Training can be off the shelf or tailor-made and can be delivered on or off-site. Purpose-built training facilities provide effective learning environments which can accommodate a range of different learning styles and highly skilled specialists are qualified to support senior executives and middle management through to operatives.

Specialist training is provided in:



Working at height







### Services

#### **Respiratory Protection Services**



Our specialist Respiratory Team can offer expert advice on all aspects of respiratory protection and how to implement an effective RPE programme, from face fit testing, to respiratory training, and RPE servicing and maintenance.

#### **Access and Rescue Services**

Our end-to-end approach means we can develop bespoke solutions to help you manage, mitigate or transfer the risk to us. We offer working at height access solutions, engineered fall protection and access systems plus testing and recertification of systems.



### Equipment

Our impartial advice can help you find the most suitable combination of technical products for your specific risks.

- Equipment sales A comprehensive range of equipment for you to purchase
- Equipment hire A full selection the most current technologies from leading specialist suppliers for you to hire on standard or long-term contracts
- Equipment maintenance Scheduled maintenance and calibrations of your equipment by our trained engineers.

Bracknell Safety Centre I 03 **02** I Bracknell Safety Centre

# Bracknell Safety Centre

As the UK's leading integrated safety services and products business, we can offer an unrivalled combination of expertise and practical industry knowledge to keep you, your people and your business safe.

Our Bracknell Safety Centre is strategically located near London, offering convenient access for delegates and minimising travel time and costs.

The centre brings to life our joined-up approach to safety and features purpose-built training facilities, an equipment service centre, safety store and a FORS distribution warehouse, so everything you need is right on your doorstep.

Designed to provide delegates with a realistic, practical training environment, the centre offers purpose-built training facilities for:

- · Working at Height Training
- Confined Spaces Training
- · Respiratory Training and Face Fit Testing
- Health and Safety Training.

In addition, the centre has a suite of six fully equipped modern classrooms for training and meetings, a conference facility for larger seminars and an open plan meeting space.





## **Our Experts**

Our specialist instructors have a wealth of industry experience and ensure the learning content delivered is relevant to an individual business's specific needs. This provides delegates with relevant training to deal with real-life scenarios and specific hazards which can be applied within their work environment.

Our instructors hold both training and assessor qualifications and hazard specific accreditations, making them specialists in their field. In addition, our highly skilled specialists operate nationally, which ensures consistency of training across multiple sites.

## **Sector Experience**

Our instructors work with clients operating across a diverse range of industrial sectors and therefore can share insights and best practice with your people based on their experience.

## **Training for your whole** business

We have an extensive range of courses available from accredited courses aimed at Senior Leaders and Directors to practical courses for Team Leaders and Operatives.



# Working at Height

The Bracknell Safety Centre offers both indoor and outdoor purpose-built facilities that have been specially designed to simulate real life working at height hazards in a controlled environment. These facilities enable us to provide realistic, practical training that is invaluable in real-world situations.

Training delegates by using the right equipment for their needs, in an environment that mimics their own is vitally important to ensure relevancy and is identified as a requirement in the Provision and Use of Work Equipment Regulations 1998 (PUWER). The centre has also been accredited by Energy Utility Skills to deliver The MATS climbing course and IRATA for rope access training.





## **External Training Facilities**

## 20 metre high mast

A purpose-built mast designed for high risk working at height, fall arrest, evacuation and rescue training. It has various features and safety systems to simulate real-world working at height activities, including:

Cantilever barriered platform for high level group training

Three cantilever 'arms' for exposed and advanced climbing

Step bolts with fixed fall protection systems for transmission tower (pylon) access training

Electronic winch to lift rescue mannequins

Particularly relevant for utilities and telecoms customers for training of:

- Mast & Tower Climbing & Rescue
- Telecoms Rigging & Lifting
- Rope Access
- Wind Turbine Climbing & Rescue
- Technical Rope Rescue
- Evacuation.

### 8 metre training gantry

Purpose-built gantry connecting 20m mast to safety centre containing:

- Multiple anchor systems, including vertical and horizontal
- Mixed level fixed ladder access
- Side 'wall' to simulate building façade for access and coworker rescues.

### **Rooftop Access Systems**

Installed fixed fall protection systems mounted to safety centre roof for real-life access simulation training.





## **Internal Training Facilities**

## Flat roof systems

Access to the flat roof systems is via fixed ladders and staircase walkways, with vertical fall arrest systems which transition onto horizontal wire systems for flat roof access training.



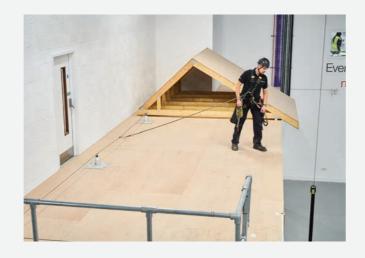
## Rope-based access systems

Installed on structures and platforms throughout the centre, the multiple rope access anchor systems are used for IRATA (industrial rope access) training.



### Pitch roof

The pitch roof system provides safe access training for temporary fall arrest systems, predominantly used in the construction industry, solar industry, satellite industry and businesses undertaking roofing works.



# Simulated environments and scenarios

A variety of business-specific real-life environments can be simulated, ensuring an experience as close to real-life as possible. We can also facilitate a range of practical scenarios, including different rescue scenarios that can include multiple techniques using a variety of equipment.



## Towers, gantries and labyrinth

A multi-use structure designed for vertical and horizontal access offers an ideal environment for simulating rescue scenarios and a range of work at height access techniques.



8 I Bracknell Safety Centre I 09

# Professional Safety Services

Bracknell Safety Centre I 011

## **Our Working at Height Experts**

Our specialist team of full-time working at height instructors have extensive experience between them. Much of this experience has been gained in industry, providing them with comprehensive and relevant insight into diverse industries and sectors. Many are also passionate climbers in their leisure time.

Our Ladder Association qualified instructors have proven competence and experience and are able to train people in ladder inspection, safe use and management.

Ladder Association

# LÄDDER

MAIS

### Qualifications

Level 3 Award in Education and Training

All of our instructors hold the Level 3 Award in Education and Training. Certifying people to teach at a nationally accredited standard, the award ensures instructors have the ability and skills to teach in the post 16 education sector. (This qualification replaces the PTLLS course).

#### Training, Assessment and Quality Assurance (TAQA)

All of our instructors hold the award in Understanding the Principles and Practices of Assessment which evaluates their knowledge in a learning and development context.

In addition, our instructors hold specialist qualifications relevant to their roles.

#### Industrial Rope Access Trade Association (IRATA)

We have our own full time IRATA Level 3 trainers for teaching and refreshing the skills required of IRATA Levels 1,2 and 3. With a wealth of industry experience, they have extensive knowledge of advanced rigging and rescue techniques and hold appropriate first aid certification.

#### Global Wind Organisation (GWO)

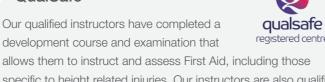
All our GWO instructors have time-served industry experience to ensure the training modules are delivered to the highest standards. Instructors are required to complete and maintain a technical competency portfolio and must have practical experience of wind turbine access and procedures.

#### QualSafe

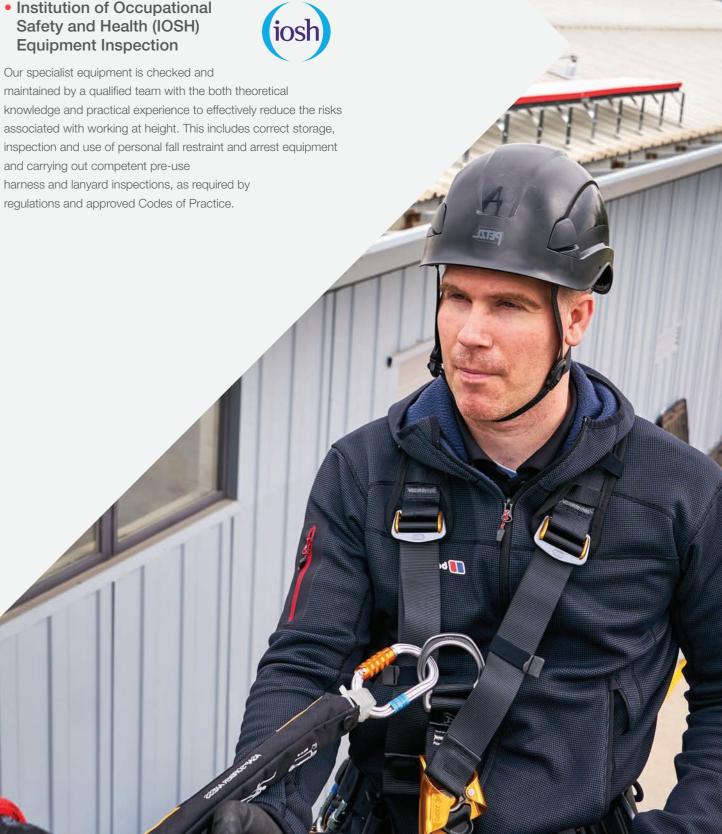
development course and examination that allows them to instruct and assess First Aid, including those specific to height related injuries. Our instructors are also qualified to deliver Emergency First Aid and all our First Aid International registered instructors and assessors remain up to date on any new or revised protocols, guidelines or procedures.

#### Mast and Tower Safety (MATS) Group

All our trainers have been approved under the MATS Basic Tower Climbing & Rescue Training Programme Criteria Qualifications. All team members involved in the design and delivery of this training programme, such as trainers, assessors and internal quality assurers, have provided CVs and continual professional development (CPD) evidence to demonstrate a minimum of two year's occupational competence and continual improvement.



 Institution of Occupational Safety and Health (IOSH) **Equipment Inspection** 



## Equipment

All of our working at height training courses use a variety of different pieces of equipment, based on the requirements of the customer and environment. We use a range of manufacturers equipment in our training and give consideration to the type of application, environment and budget. Delegates can be trained on use of specific equipment.

# **Industry Specialisms**

A number of the working at height training courses on offer, provide the required knowledge and practical experience needed to gain or refresh qualifications in line with industry recognised working practices. Arco Professional Safety Services deliver working at height training for a wide range of industries, in particular:

- Wind Turbine
- Telecommunications
- Stage & Theatre
- Construction
- Emergency Services
- Maritime
- Manufacturing & Warehouse
- Public Sector
- Food & Drink
- Facilities Management
- Fuel & Chemical.

# **Training Courses**

Our courses include:

- Rooftop Safety & Access Training
- Advanced Climber and Tower Rescue
- EUSR MATS Mast Tower Climber and Rescue Scheme (3 day)
- Telecoms Climber
- Fall Protection Equipment Training
- S-Cape User
- PPE Inspection
- Safety Harnesses and Lanyard Training
- Warehouse Safety Training
- Rescue from Height Training
- Rope Access Training (IRATA)
- Ladder Safety Training (Ladder Association).







arco Professional Safety Services

# Confined Space

The Bracknell Safety Centre offers specialist confined space training in a purpose-built labyrinth providing practical and immersive experiences in a controlled environment which is safe and yet realistic.

Specifically designed to offer a kinaesthetic learning experience, our confined space labyrinth has in excess of 30 metres of traverse capability, greater than three metres vertical access into multiple chambers and features relevant confined space hazards.

# **Training Facilities**

#### **Vertical entry**

Three towers, with multiple access points offer different practical scenarios. Training can be offered using a variety of equipment to safety enter the confined spaces, including both davit arm and tripod entry.



# Simulated environments

A variety of business-specific reallife environments can be simulated ensuring an experience as close to real-life as possible. This allows delegates to safety practice in a kinaesthetic environment and respond to alarms and other emergency situations.



#### **Horizontal entry**

Multiple entry points to allow a complex range of scenarios to be delivered. Horizontal / side entry points include a range of access covers.



# Realistic (including rescue) scenarios

We can facilitate a range of realistic scenarios, including different rescue scenarios that are both atmospheric and non-atmospheric related. This can include multiple extraction techniques using a variety of equipment.



#### **Practical assignments**

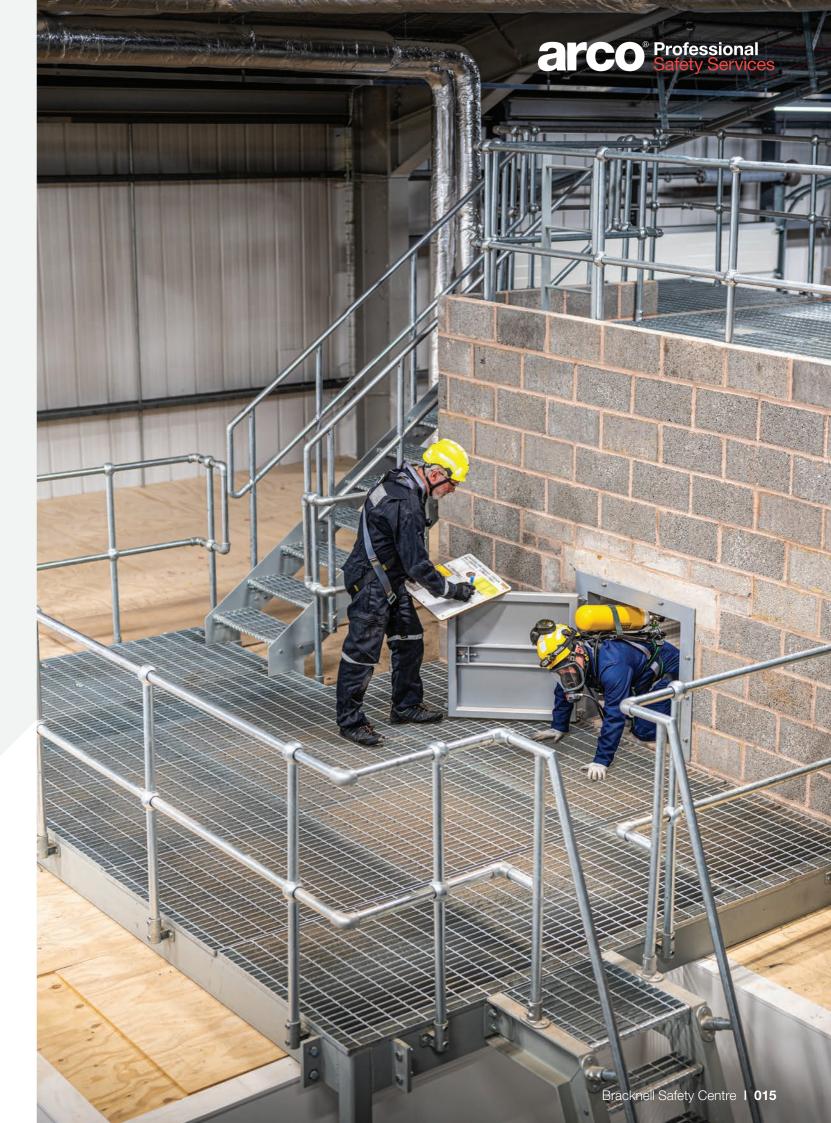
Real-world activities that are frequently undertaken in confined spaces can be practised, such as isolation procedures and other workbased activities.

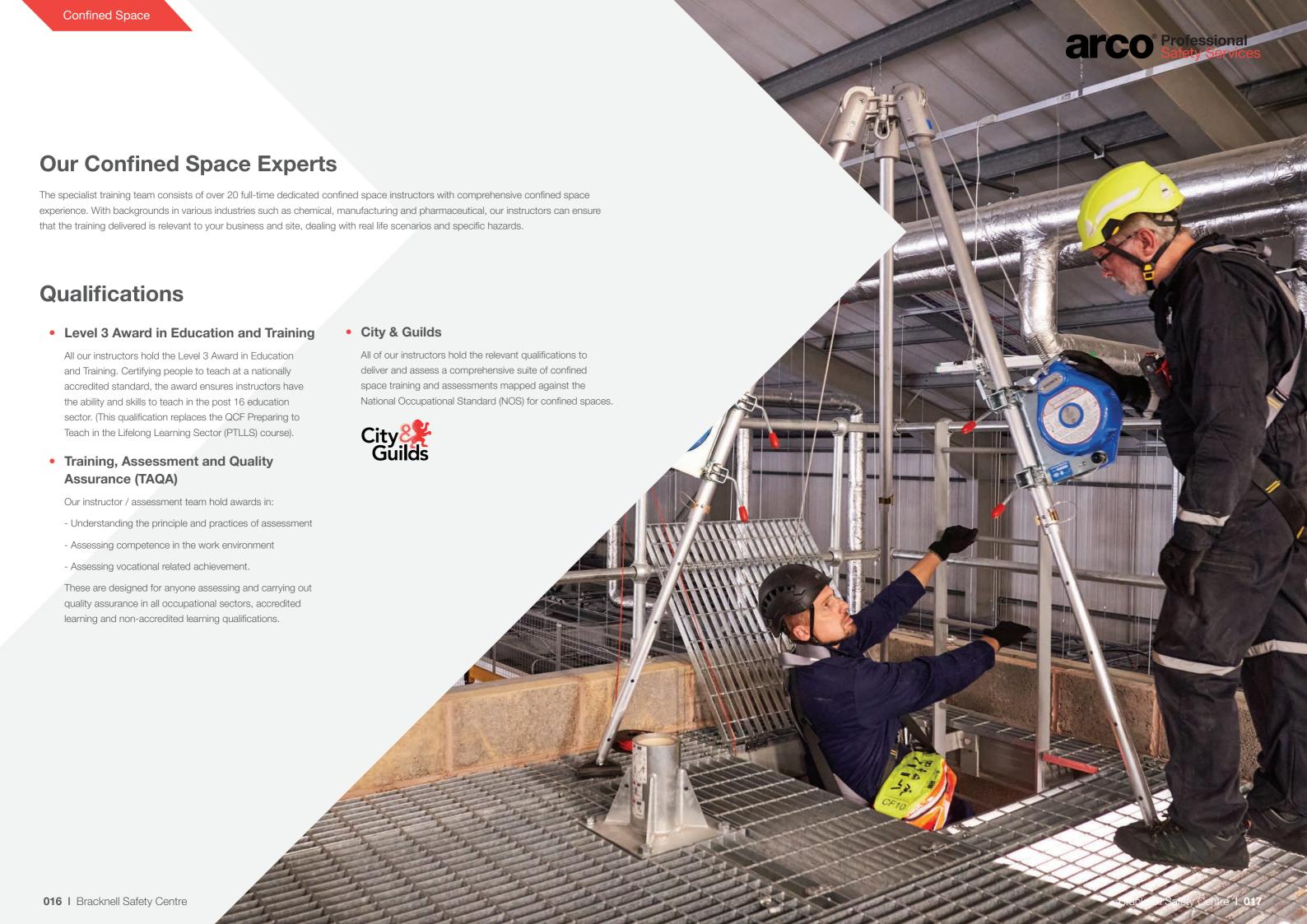


#### **Monitoring**

CCTV coverage allows constant monitoring and reviewing of the training activities.







## **Equipment**

We have access to a wide range of equipment from multiple manufactures and can ensure delegates are trained in the equipment that they will use within their business.

#### Gas Monitoring

Training in the use of a range of gas monitors from many different manufactures can be included. This training can include awareness through understanding the principles and practice of use in many different environments.

#### Breathing Apparatus

We offer training on both positive and negative based systems, including self-contained and airline breathing apparatus, plus chemical rebreathers where relevant. We have access to a comprehensive range equipment from the leading manufacturers.

#### Working at Height

As a working at height specialist we integrate a range of manufacturers equipment in our training and consider the type of application and environment. Delegates can be trained on use of specific equipment relevant to confined space working.

## **Training Courses**

We offer the complete suite of assessments from City & Guilds 6160 scheme. Fully supported by the appropriate training. We can offer both accredited and non-accredited courses:

- Awareness Training
- Low Risk Confined Spaces
- Medium Risk Confined Spaces
- High Risk Confined Spaces
- Emergency Rescue and Recovery of Casualties
- Confined Space Management.

Courses can be grouped and packaged to provide a joined-up approach to business needs.

## **Bespoke Training**

We can design and develop a range of training products specifically for your business needs and relevant to your specialist sector. The training can be mapped against National Occupational Standards (NOS) and a range of learning outcomes clearly identified. We can integrate your policies and procedures within the courses and with access to a range of equipment, ensure the training is right for you. Customer specific practical training is provided to match the types of confined space that feature in your business, to ensure your employees have what they need to carry out their job's safety.





# Respiratory Protection

The Bracknell Safety Centre offers a range of respiratory protection services, including on-site face fit testing and a selection of respiratory training courses, all of which take place in the fully equipped training rooms which offer an ideal training environment.

# **Our Respiratory Experts**

Our Respiratory Technicians help customers implement an effective Respiratory Management Programme. This starts with careful Product Selection to ensure the respiratory protective equipment (RPE) issued to the individual not only provides the right level of protection required to keep them safe but is also adequate for the hazards, and suitable for the environment in which it will be used. It includes Face Fit Testing to ensure the selected RPE fits the individual's face shape correctly and achieves the tight seal required to provide protection. It also involves equipment storage, regular servicing and maintenance and the provision of any associated Respiratory Training, with ongoing Record Keeping for compliance completing the programme.



## **Face Fit Testing**

The 'Fit2Fit' RPE Fit Test Accreditation Scheme was established by the British Safety Industry Federation (BSIF), working with the Health and Safety Executive (HSE) and other industry stakeholders. Choosing a Fit2Fit accredited Face Fit Tester ensures Face Fit Testing competence. This accreditation is widely held among our Arco Professional Safety Services Respiratory Technicians.

Arco Professional Safety Services offer Quantitative Face Fit Testing using the latest Portacount machine technology. The result of each test is captured electronically in our system including the name of the individual and the mask they were tested on. We can offer face fit testing on a full day, half day and single test basis.



## **Training Courses**

Our courses include:

- Positive and Negative Pressure Training
- Qualitative Face Fit Training
- Quantitative Face Fit Training
- Powered Respiratory Training
- Half Face Mask User Training
- Full Face Mask User Training.

# **Face Fit Testing Training**

Our qualitative and quantitative face fit training courses provide the education required to begin face fit testing, and we can deliver ongoing coaching to help achieve the Fit2Fit accreditation. These training courses cover the information detailed within the HSE guidance on respiratory protective equipment (RPE) fit testing, including:

- Selection of adequate and suitable RPE
- Ability to correctly fit a facepiece and perform pre-use fit
- How to perform a correct fit test with the chosen method
- Interpretation of the fit test results
- HSE Regulations and the approved codes of practice relating to face fit testing.



### **Equipment Hire**

The technicians at our hire and service centres can offer expert advice, helping you to choose the best kit for your operatives and

We offer:

- · A comprehensive range Full selection of kit to hire, including the most current technologies from leading suppliers, so you have the best kit specific to your requirements
- Flexible and standard hire contracts Contracts are based on a minimum hire period of one week and can be extended to suit your requirements, up to five years. Choose a contract that offers your team access to maintained and serviced kit, when they need it. Confined space equipment for hire includes tripod & winch, harnesses, gas detection, escape sets, breathing apparatus & lighting
- Contract Hire Offered for longer terms of up to five-years. Contract hire also includes servicing and maintenance of equipment. Kit is taken away and replaced immediately with fit for use equivalents allowing your team continual access to reliable equipment without the worry of costs and time of
- Equipment Sales We offer a full selection of kit for purchase.

## **Equipment Service, Maintenance** & Inspection

Safety critical equipment must be subject to thorough inspection and maintenance, by a competent person, on a regular basis, as per manufacturers guidance. Inspection records should be kept for a minimum of five years to ensure you remain compliant.

We can service and maintain your equipment at our Bracknell Safety Centre.

This includes:

- PPE inspections including lanyards, harnesses, fall arrest
- RPE servicing and maintenance including powered respirators, breathing apparatus & escape sets
- Formal (COSHH) inspections of powered respirators and full face masks
- Gas detection servicing and calibrations

BA cylinder refills.



